

ADULT (cont'd.)

HATHA YOGA

Tues. 6 - 7:30pm / \$12 per class when purchased on a monthly basis . \$14 walk-in
*Please bring your own non-slip mat

ZUMBA

Latin Dance Inspired Fitness!

Tues. 6-7pm & Thurs. 6:15-7:15PM begins Sept.20th
\$5 walk in or pre-pay by 9/27 & get 13 classes for \$40!
- a \$25 savings!

INTRO TO COMPUTERS & MICROSOFT WORD 2010

Tuesday 6 - 7:30pm
*\$25 for 4 week session
October 2 - 23
Pre-Registration Required



ADULT CRIBBAGE CLUB

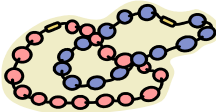
Thursdays 6:30 - 9:00pm Begins October 4th

YOGA

Thurs. 9 - 10:30AM \$3 p/ class
or pre - pay \$10 p/month

JEWELRY DESIGN

Tues. 1 - 3pm \$3 p/class
Or pre-pay \$10 p/month



GOLF INSTRUCTION

Tues. 9 - 10:30AM



LINE DANCE

Beg. & Intermediate

Mon. 1 - 2:30PM \$3p/ class



HAND STAMPED GREETING CARDS

1st Tues./every month 10am - 12pm



BEGINNER CROCHET

Tuesday 11:30am - 12:30pm
\$3 p/class or pre-pay \$10 per month
(starter supplies included)



INDOOR TENNIS LESSONS

Mon. 8:30 - 10:00AM / 10 - 11:30AM

* Court Fee *The Indoor Court* 8 Blanding Avenue



BOWLING

Fri. 12:30 - 3PM \$11 per person
Bowling Academy

SPECIAL NEEDS

The East Providence Parks & Recreation Department provides various programs for youth, adults and seniors with disabilities. A medical release form is required of all first time participants and may be obtained by calling 435-7511. Round trip door-to-door transportation is provided free of charge for all activities. Our bus is wheelchair accessible.

DINE OUT

1st Thursday of the month 5PM
\$13. p/p Age 18+



COFFEE HOUR

2nd & 5th Thursday of the month 6PM



MOVIES

3rd Thursday of the month
5:45PM

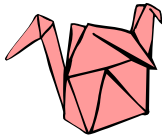


MYSTERY RIDE

4th Thursday of the month 6PM
\$5. p/p Age 18+

CRAFTS WORKSHOP

Wednesday 7-8PM
Rec. Ctr. Age 18+



SATURDAY PROGRAM

10AM - 2:30PM Ages 18+



PIERCE FIELD COMPLEX



The Pierce Field Athletic Complex is open to the public year round, exceptions are Christmas and New Year's Day. Tennis and basketball courts are available with lighting provided until 9:30PM from mid April to mid November. The walking track is open Monday - Friday from 7:15AM to dusk and 8AM to dusk on weekends.

East Providence residents or organization interested in reserving any of the fields at the complex as well as all others located citywide must do so by completing a Field Request Form obtainable at the Main Office. All fields are reserved using the City's field use policy.

EAST PROVIDENCE PARKS & RECREATION

FALL 2012

www.eastprovidenceri.net



Main Office

610 Waterman Avenue

East Providence RI 02914

Tel: 401- 435-7511 Fax: 401- 435-1999

Office Hours

Monday - Friday 8AM - 4PM

Recreation Center Office

100 Bullocks Point Avenue

East Providence RI 02915

Tel: 401- 433-6360 or 6359

RECREATION CENTER HOURS

Children may not accompany adult members during their use of the center exercise facilities.

Effective October 1 - December 31, 2012

Monday - Friday

Adults 9AM - 9PM

Ages 6-14 3 - 7PM

Ages 15-17 7 - 9PM

Saturday: (ages 18 & over ONLY) 9AM - 1PM

Sunday : CLOSED

Department Staff

Alba Curti *Director of Parks & Recreation*

Michael Bartlett *Assistant Supt. of Parks*

Joseph Medeiros *Pierce Field Manager*

Deborah Rochford *Adult Services Coordinator*

Diane Sullivan *Recreation Center Coordinator*

Rebecca Chace *Recreation Center Supervisor*

Shontell Gomes *Administrative Assistant*

Judy Quattrucci *Parks Div. Secretary*

PROGRAM REGISTRATION

PROGRAM REGISTRATION BEGINS
September 17th. REGISTER BY CALLING:
433-6360 OR 433-6359

PARTICIPANTS MUST OBTAIN CENTER
MEMBERSHIP: 1 YR: AGE 6-17 \$25
ADULT \$50 / Age 55 + \$25

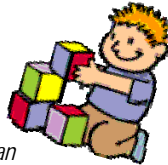
PRE-SCHOOL



ARTS FOR TOTS

Ages 3 - 5

Tuesday 10 - 11am \$20 p/child
October 2 - December 11



Stay and Play Time

We supply some toys and balls (or you can bring your own) to play with in the gym.

Ages 3 - 5 Monday & Thursday 10:30 - 11:30am

Oct. 1 - December 1 \$1 per person (adult and children)

Parents must be in attendance and supervise their children.

(no stay & play Oct. 8, Nov. 12 & 22)



PRESCHOOL DANCE

Ages 3-5

BALLET TH 4-5pm \$25 per child

TAP TH 5-6pm \$25 per child

October 4 - December 13 / 10 wks.

"SOMETHING SPOOKY"

Halloween party for pre-school - grade 3.

Friday, October 26th 6-8pm

\$5 per child

Tickets available at Recreation Center

& Department Main Office

610 Waterman Ave-Oct. 1st

Pumpkins!

Prizes! Games! Treats!



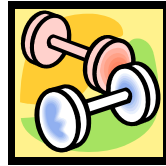
Sign Up To Receive Recreation News

Please register your email address online at the City web site

www.eastprovidenceri.net

Click on "City Newsletters" tab located on left hand side of home page. Enter your email, check off "Recreation News" and click "join". This will enter your email into the system and you will receive an email notification every time The Parks & Recreation Department uploads new information regarding recreation programs, trips, parks, concerts and special events!

YOUTH



TEEN WEIGHT TRAINING

Co-ed Ages 13 - 15

Mon., Wed., & Fri. 4 - 6PM

Begins October 1st

KARATE

Ages 6-14 Thursday

Beginners, 6-7PM / Intermediates, 7-8PM

10 wks. \$50 per child. October 4 - December 13

Gi is available to order for \$30 but not required



YOUTH BASKETBALL

Ages 6-14 (coed) Wed. / \$30 per child

Beginners: 4 - 5:30pm

Intermediates: 5:30 - 7pm

Ability level tests held Oct. 3rd,
Classes begin Oct. 10 - Dec. 19

\$30.00 per child



TEEN PICK-UP BASKETBALL NIGHT

Ages 13-17 (coed)

Friday 7-9pm Oct. 5, 12 / Nov. 2, 9, 30 / Dec. 7, 21, 28

Participants must pre-register each week

Come to the Rec and play recreational games of basketball.

No referees, no standings, just honor calls and good sportsmanship. Different teams are formed each week.



YOUTH ARTS & CRAFTS

Ages 6 - 12

Tuesday 4:30 - 5:30PM

October 2 - December 11 \$25 per child

FLOOR HOCKEY

Ages 6-10

Monday 4:30 - 6PM

October 1 - December 3 \$20 per child

(no hockey Oct. 8 & Nov. 12)



BEGINNER GYMNASTICS

Ages 6-9

Friday 5-6pm

October 5 - December 21 (no class 10/26 & 11/23)

\$30 per child



YOUTH DANCE

Ages 6-10

BALLET: Wed 4 - 5pm \$25 per child

TAP: Wed 5 - 6pm \$25 per child

October 3 - December 12 (no class 10/31)



Girl Scouts

Ages 5-11

Friday 6-7pm Oct. 5 - Dec. 14

Come join in on the fun!

No uniforms required.

KIDS CROCHET

Ages 7-15 Wednesday 4-5pm

Session 1 Oct. 3 - 24 / Session 2 Nov. 7 - 28

*4 classes for \$20 per child

(Crochet hooks and yarn provided)



DOUBLE DIGIT CLUB

Ages 10-13 Wednesday 6-8pm

October 10 - December 12 (no club 10/31 & 11/21)

Club features a fun atmosphere for youth.

Activities include sport competitions, games, cooking, crafts, music, community service projects and more!

* Fees may apply to some activities*



CHILDREN'S NIGHT OUT

Ages 6-12 Friday 6-9pm \$10 per date

October 19 / November 16 / December 14

Parents can enjoy their night out knowing that their children are at the Rec. Center enjoying a supervised evening full of activities, arts & crafts, games and more. Pizza and drinks provided.

Space is limited and child must be pre-registered.



SCHOOL VACATION DAY CAMP!

Fee is \$10 per day per child

December Day Camp: Dec. 26, 27 & 28

Day camps are offered at the Rec. Center from 9am - 5pm

during school vacation for youth members ages 6-14

(not all days offered). Activities include games, sports,

ADULT

BODY CONDITIONING

A total body resistance training program with pilates inspired movements and bursts of cardio!

Mon. & Thurs. 6 - 7pm / begins Sept. 17

\$3.50 per class or pre-pay monthly for \$25



30 MINUTE CORE & ALL

It only takes thirty minutes to get a total body workout focusing on all muscle groups!

Mon. & Thurs. 5-5:30pm / begins Sept. 17

\$3 per class